

Module 7
Section 1

CAREER ASSESSMENT

Find out which jobs are most suited for
you.

IN THIS SECTION YOU WILL:

Learn the value of career tests to help
you find the best job for you.

Discover the different kinds of test
available.

Explore the benefits of taking an
assessment or more than one.

Find out how what interest area fits
you best.

CAREER ASSESSMENT

When you have bills to pay, sometimes the right job is any job you can get at the time. It's a good idea, though while you are working, to keep looking for the job that best suits you. Taking a career assessment can help.

What are Career Assessments?

Career assessments are like special quizzes or tests that help you figure out what kinds of jobs you might like. They ask questions about your personality, what you're good at, what you enjoy doing, and what's important to you.

Think of it like this: If you love to draw, a career test might suggest you become an artist or a cartoonist. If you like helping people, it might suggest you become a teacher or a nurse.

Why are they helpful?

- They help you learn about yourself. They can show you your strengths and weaknesses, what you're interested in, and what kind of work environment you'd enjoy.
- They can help you choose a career you'll like. By knowing what you're good at and what you enjoy, you can pick a job that will make you happy.

- They can help you learn new skills. If a test shows you need to learn something new, you can take classes or practice to get better at it.

Different Kinds of Career Tests

There are lots of different career tests, and they all ask different questions. Here are a few examples:

- Personality Tests: These tests ask questions about how you think and act. For example, they might ask if you like working alone or with others, or if you like to make decisions quickly or think things through carefully.
- Skills Tests: These tests see how good you are at certain things, like writing, math, or problem-solving.
- Interest Tests: These tests ask you about your hobbies and what you like to do in your free time.

Benefits of taking a career test

You can find lots of career tests online, and many of them are free! It's a good idea to try a few different tests to get a better idea of what kind of career might be right for you.

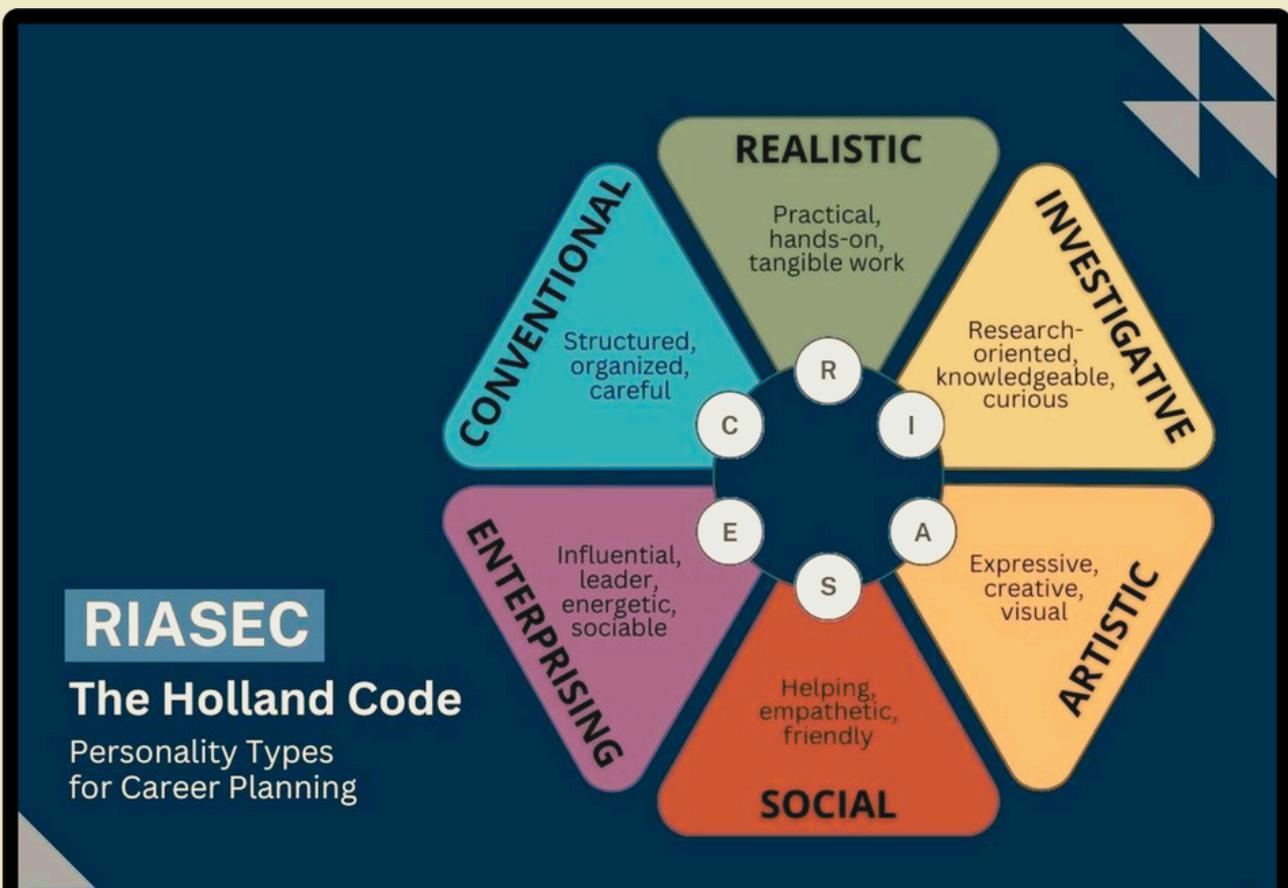
*Remember: Career tests are just a starting point. They can give you some ideas, but it's up to you to decide what you want to do with your life.

Career tests are a fun and easy way to learn about yourself and your career options. They can help you make smart choices about your future!

On the following page you can try taking a career assessment called the O*Net Interest Profiler. There are also links to several other types of career assessments on the Resources page in this section.

The O*NET Interest Profiler helps you discover what kinds of jobs you might find interesting and exciting. It shows you different types of work activities and tells you about jobs that match your interests.

Once you take the quiz, you'll learn about your favorite things to do. Then, you can use this information to explore different jobs and careers that might be a good fit for you!



DISCUSSION QUESTIONS

1

Think about your favorite things to do. What kind of job could you see yourself doing that uses those things?

2

.What are some things you are good at? How could those skills help you in a job?

3

What is important to you in a job? Would you want a job that is exciting, or a job that is calm? Explain your answer.

4

What are some things you would like to learn more about? How could learning those things help you in your future career?

5

Think about a job you would NOT want to do. Why would you not want to do that job? What does that tell you about what you are looking for in a career?

6

What are some things you are good at that you don't think of as 'skills'? Could these things be helpful in a job?

O*NET INTEREST PROFILER SHORT FORM



Read the 60 work activities below. Place a check in the box by the activities you would like to do. **Do not** think about how much education/training is needed or how much money you will make! Count the number of checks for each shaded section and write that total in the box to the right of each section. These are your scores for each interest area.

<input type="checkbox"/> Build kitchen cabinets <input type="checkbox"/> Lay brick or tile <input type="checkbox"/> Repair household appliances <input type="checkbox"/> Raise fish in a fish hatchery <input type="checkbox"/> Assemble electronic parts	<input type="checkbox"/> Drive a truck to deliver packages to offices and homes <input type="checkbox"/> Test the quality of parts before shipment <input type="checkbox"/> Repair and install locks <input type="checkbox"/> Set up and operate machines to make products <input type="checkbox"/> Put out forest fires	Total <input type="text"/>
Realistic checks =		
<input type="checkbox"/> Develop a new medicine <input type="checkbox"/> Study ways to reduce water pollution <input type="checkbox"/> Conduct chemical experiments <input type="checkbox"/> Study the movement of planets <input type="checkbox"/> Examine blood samples using a microscope	<input type="checkbox"/> Investigate the cause of a fire <input type="checkbox"/> Develop a way to better predict the weather <input type="checkbox"/> Work in a biology lab <input type="checkbox"/> Invent a replacement for sugar <input type="checkbox"/> Do laboratory tests to identify diseases	Total <input type="text"/>
Investigative checks =		
<input type="checkbox"/> Write books or plays <input type="checkbox"/> Play a musical instrument <input type="checkbox"/> Compose or arrange music <input type="checkbox"/> Draw pictures <input type="checkbox"/> Create special effects for movies	<input type="checkbox"/> Paint sets for plays <input type="checkbox"/> Write scripts for movies or television shows <input type="checkbox"/> Perform jazz or tap dance <input type="checkbox"/> Sing in a band <input type="checkbox"/> Edit movies	Total <input type="text"/>
Artistic checks =		
<input type="checkbox"/> Teach an individual an exercise routine <input type="checkbox"/> Help people with personal or emotional problems <input type="checkbox"/> Give career guidance to people <input type="checkbox"/> Perform rehabilitation therapy <input type="checkbox"/> Do volunteer work at a non-profit organization	<input type="checkbox"/> Teach children how to play sports <input type="checkbox"/> Teach sign language to people who are deaf or hard of hearing <input type="checkbox"/> Help conduct a group therapy session <input type="checkbox"/> Take care of children at a day-care center <input type="checkbox"/> Teach a high-school class	Total <input type="text"/>
Social checks =		
<input type="checkbox"/> Buy and sell stocks and bonds <input type="checkbox"/> Manage a retail store <input type="checkbox"/> Operate a beauty salon or barber shop <input type="checkbox"/> Manage a department within a large company <input type="checkbox"/> Start your own business	<input type="checkbox"/> Negotiate business contracts <input type="checkbox"/> Represent a client in a lawsuit <input type="checkbox"/> Market a new line of clothing <input type="checkbox"/> Sell merchandise at a department store <input type="checkbox"/> Manage a clothing store	Total <input type="text"/>
Enterprising checks =		
<input type="checkbox"/> Develop a spreadsheet using computer software <input type="checkbox"/> Proofread records or forms <input type="checkbox"/> Install software across computers on a large network <input type="checkbox"/> Operate a calculator <input type="checkbox"/> Keep shipping and receiving records	<input type="checkbox"/> Calculate the wages of employees <input type="checkbox"/> Inventory supplies using a hand-held computer <input type="checkbox"/> Record rent payments <input type="checkbox"/> Keep inventory records <input type="checkbox"/> Stamp, sort, and distribute mail for an organization	Total <input type="text"/>
Conventional checks =		

In the boxes below, write the names of the interest areas with the three highest scores. The first box is your highest or primary interest. If there are ties, choose the interest with activities that you think are the best fit for you.

1 2 3

SCORE REPORT

O*NET Interest Profiler Short Form

Name: _____

Date: _____

Congratulations on completing your O*NET Interest Profiler! Interest Areas are a summary of the type of work you like. Now you will:

- Learn about your work interests;
- Discover careers linked to your interests that you might find satisfying and rewarding; and
- Explore careers that match your interests based on job preparation level.

Primary (1), Second (2), and Third (3) Interests

Copy below the three Interests from the bottom of your Interest Profiler. Remember the Interest with the highest score (most number of checks) is your **Primary Interest**.

Primary Interest: 1 _____

Second and Third Interests: 2 _____ 3 _____

What do your Interests mean?

RIASEC Interests

Realistic:	Work involves building, repairing, maintaining, installing, driving, or working with hands. People with Realistic interests often like work that includes plants, animals, electronics, real-world materials like wood, the outdoors, machines, equipment, or tools.
Investigative:	Work involves studying, researching, testing, analyzing, diagnosing, discovering, thinking, or problem solving. People with Investigative interests often like work that includes science, knowledge, laboratory settings, ideas, or facts.
Artistic:	Work involves creating, performing, writing, designing, dancing, composing, or self-expression. People with Artistic interests often like work that includes art, media, music, theatre, or graphics.
Social:	Work involves helping, teaching, educating, guiding, advising, or nurturing. People with Social interests often like work that includes people, service, social activities, health, or communication.
Enterprising:	Work involves managing, supervising, negotiating, marketing, selling, leading, or directing. People with Enterprising interests often like work that includes employees, customers, products, business, law, or politics.
Conventional:	Work involves organizing, recording, filing, sorting, inspecting, or attention to detail. People with Conventional interests often like work that includes information, data, regulations, office environments, procedures, files, or rules.

What is Your Job Zone?

To figure out what careers to explore, it's helpful to know how much education, training, and experience you need to do a job. This level of preparation is known as a **Job Zone**. Careers that require similar levels of preparation are grouped into the same Job Zone.

Job Zone 1 — Careers need **Little** or **No** Preparation

- **No previous skills, knowledge, or experience is needed.**
 - May require a high school diploma or GED certificate.
 - May need from a few days to a few months of training.

Job Zone 2 — Careers need **Some** Preparation

- **Usually need a high school diploma.**
 - Some previous skills, knowledge, or experience is usually needed.
 - May need from a few months to one year of working with experienced employees.

Job Zone 3 — Careers need **Medium** Preparation

- **Usually requires training in vocational schools, related on-the-job experience, or an associate's degree.**
 - Previous skills, knowledge, or experience needed.
 - Need one or two years of training.

Job Zone 4 — Careers need **High** Preparation

- **Most careers require a four-year bachelor's degree, but some do not.**
 - Long-term skills, knowledge, or experience needed.
 - Need several years of work-related experience and training.

Job Zone 5 — Careers need **Extensive** Preparation

- **Most of these careers need a graduate school education.**
 - Extensive skills, knowledge, and experience are needed; many requiring more than five years of experience.
 - May need some on-the-job training; however, the person will usually have the needed skills, knowledge, work-related experience, and training before starting the job.

Pick a **Job Zone** from above that matches the education, training, and experience you **CURRENTLY HAVE** right now.

CURRENT Job Zone: _____

Careers in **higher** Job Zones often pay more and offer more opportunities. Do you plan on getting more education, training, and experience in the **FUTURE**? Choose a **higher** Job Zone that you will work towards. Learn about the type of careers that can match your interests in the **FUTURE!**

FUTURE Job Zone: _____

Exploring Careers Using Your Interests and Your Job Zone:

Using your **Primary Interest** and **Job Zone** allows you to find careers that match your interests and fit your amount of job preparation. The *O*NET Career Listings* document shows careers for each Interest and Job Zone.

1. Find your Primary Interest and look over the careers listed.

2. Find your Job Zone under your Primary Interest and review the careers listed. Do you see any careers that you would like to find out more about? Write down the Career Title for each career you want to explore. **On the next page, an O*NET Careers Worksheet is provided to write these titles down.**

3. Now that you have selected careers to explore, go to My Next Move at: <https://www.mynextmove.org/>.

Search careers with keywords or to browse careers by industry. For each career, you can find:

- the types of activities that are performed in those careers;
- the knowledge, skills, abilities, technology, and education that are needed for the careers;
- job postings, training, certification, and apprenticeship information for the careers;
- state-level employment statistics for the careers; and
- the wages and future employment outlook that are predicted for the careers.

4. To find more career choices related to your interests not in your list, go to the Interest Browse function within My Next Move at <https://www.mynextmove.org/find/interests>.

5. If you don't like the careers in your Job Zone listed for your Primary Interest, you have choices:

- Review the Job Zone definitions to make sure that you have chosen the Job Zone that best matches what you have now.
- Choose a different Job Zone that you want to work towards in the FUTURE.
- Use your second or third highest interests to look at careers.



Sponsored by the U.S. Department of Labor, Employment & Training Administration and developed by the National Center for O*NET Development

O*NET Careers Worksheet

The *O*NET Career Listings* document includes a sample of the careers that are linked with the six Interests and the five Job Zones. They are organized first by Interest and then by Job Zone within the Interest.

Copy your Primary, Second, and Third Interests from page 1 of the **Score Report** below:

Primary Interest: 1 _____

Second and Third Interests: 2 _____ 3 _____

Also, copy your Job Zone(s) from page 2 of the **Score Report** below:

Your CURRENT Job Zone: _____

Your FUTURE Job Zone: _____

To look at the careers linked with your Primary Interest, locate the section for your Primary Interest in the *O*NET Career Listings* document and then find the career listing for your Job Zone under that section. For a longer list of careers, refer to My Next Move’s Interest Browse at <https://www.mynextmove.org/find/interests>.

You can also use your second or third highest interest to look at careers. Find the career listings for your Job Zone under the sections that match your second or third interest.

Write Below the Career Titles You Have Picked to Explore:

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.



Sponsored by the U.S. Department of Labor, Employment & Training Administration and developed by the National Center for O*NET Development

O*NET CAREER LISTINGS

O*NET Careers by Interest and Job Zone

REALISTIC | JOB ZONES 1 – 2

*Work involves building, repairing, maintaining, installing, driving, or working with hands. People with **Realistic** interests often like work that includes plants, animals, electronics, real-world materials like wood, the outdoors, machines, equipment, or tools.*

REALISTIC — JOB ZONE 1 (Little or No Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Agricultural Equipment Operators	Food Preparation Workers
Baristas	Landscaping & Groundskeeping Workers
Cement Masons & Concrete Finishers	Laundry & Dry-Cleaning Workers
Conveyor Operators & Tenders	Logging Equipment Operators
Cooks, Fast Food	Maids & Housekeeping Cleaners
Dining Room & Cafeteria Attendants & Bartender Helpers	Meat, Poultry, & Fish Cutters & Trimmers
Dishwashers	Plasterers & Stucco Masons
Farmworkers & Laborers, Crop, Nursery, & Greenhouse	Roustabouts, Oil & Gas
Fast Food & Counter Workers	Septic Tank Servicers & Sewer Pipe Cleaners
Fishing & Hunting Workers	Sewing Machine Operators

REALISTIC — JOB ZONE 2 (Some Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Animal Caretakers	Laborers & Freight, Stock, & Material Movers, Hand
Athletes & Sports Competitors	Light Truck Drivers
Baggage Porters & Bellhops	Manicurists & Pedicurists
Bakers	Medical Equipment Preparers
Bartenders	Recycling & Reclamation Workers
Bus Drivers, Transit & Intercity	Security Guards
Construction Laborers	Solar Photovoltaic Installers
Cooks, Restaurant	Telecommunications Line Installers & Repairers
Electrical & Electronic Equipment Assemblers	Tile & Stone Setters
Heavy & Tractor-Trailer Truck Drivers	Veterinary Assistants & Laboratory Animal Caretakers

**The career was assigned to the group based on its second highest interest.

***The career was assigned to the group based on its third highest interest.

REALISTIC Job Zones 3 - 5

REALISTIC — JOB ZONE 3 (Medium Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Aerospace Engineering & Operations Technologists & Technicians	Maintenance & Repair Workers, General
Audio & Video Technicians	Medical & Clinical Laboratory Technicians
Electrical & Electronics Installers & Repairers, Transportation Equipment	Motorboat Mechanics & Service Technicians
Electricians	Occupational Health & Safety Technicians
Farm Equipment Mechanics & Service Technicians	Phlebotomists
Food Science Technicians	Precision Agriculture Technicians
Forest Fire Inspectors & Prevention Specialists	Radiologic Technologists & Technicians
Hairdressers, Hairstylists, & Cosmetologists	Surgical Technologists
Heating, Air Conditioning, & Refrigeration Mechanics & Installers	Veterinary Technologists & Technicians
Janitors & Cleaners	Wind Turbine Service Technicians

REALISTIC — JOB ZONE 4 (Considerable Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Airline Pilots, Copilots, & Flight Engineers	Geological Technicians
Automotive Engineers	Manufacturing Engineers
Biological Technicians	Materials Engineers
Chemical Engineers	Mechanical Engineers
Civil Engineers	Museum Technicians & Conservators
Computer Hardware Engineers	Range Managers
Electronics Engineers	Remote Sensing Technicians
Exercise Physiologists	Solar Energy Systems Engineers
Fuel Cell Engineers	Transportation Engineers
Geodetic Surveyors	Water/Wastewater Engineers

REALISTIC — JOB ZONE 5 (Extensive Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Adapted Physical Education Specialists**	Geoscientists**
Anthropologists & Archeologists**	Human Factors Engineers & Ergonomists**
Architects	Microsystems Engineers**
Astronomers**	Nurse Anesthetists**
Athletic Trainers**	Orthodontists**
Chiropractors**	Orthopedic Surgeons**
Cytotechnologists**	Orthotists & Prosthetists
Dentists, General**	Prosthodontists
Dermatologists**	Soil & Plant Scientists**
Environmental Restoration Planners**	Veterinarians

**The career was assigned to the group based on its second highest interest.

***The career was assigned to the group based on its third highest interest.

INVESTIGATIVE | Job Zones 1 – 3

*Work involves studying, researching, testing, analyzing, diagnosing, discovering, thinking, or problem solving. People with **Investigative** interests often like work that includes science, knowledge, laboratory settings, ideas, or facts.*

INVESTIGATIVE — JOB ZONE 1 (Little or No Preparation Needed)**O*NET Career Title**

No Careers Available

INVESTIGATIVE — JOB ZONE 2 (Some Preparation Needed)**O*NET Career Title**

Agricultural Inspectors***
 Animal Control Workers***
 Biofuels Processing Technicians***
 Chemical Equipment Operators & Tenders***
 Chemical Plant & System Operators***
 Dental Laboratory Technicians**
 Earth Drillers***
 Electrical & Electronic Equipment Assemblers***
 Electromechanical Equipment Assemblers***
 Endoscopy Technicians***

O*NET Career Title

Explosives Workers, Ordnance Handling Experts, & Blasters***
 Geothermal Technicians***
 Inspectors, Testers, Sorters, Samplers, & Weighers***
 Locomotive Engineers***
 Medical Equipment Preparers***
 Non-Destructive Testing Specialists**
 Operating Engineers & Other Construction Equipment Operators***
 Psychiatric Aides**
 Transportation Vehicle, Equipment & Systems Inspectors***
 Veterinary Assistants & Laboratory Animal Caretakers**

INVESTIGATIVE — JOB ZONE 3 (Medium Preparation Needed)**O*NET Career Title**

Cardiovascular Technologists & Technicians**
 Chemical Technicians
 Civil Engineering Technologists & Technicians**
 Commercial Divers**
 Computer Systems Analysts
 Coroners
 Detectives & Criminal Investigators
 Electrical & Electronic Engineering Technologists & Technicians**
 Forensic Science Technicians
 Health Information Technologists & Medical Registrars**

O*NET Career Title

Hearing Aid Specialists**
 Medical Appliance Technicians**
 Medical Dosimetrists
 Neurodiagnostic Technologists
 Paralegals & Legal Assistants**
 Precision Agriculture Technicians**
 Psychiatric Technicians**
 Quality Control Analysts**
 Veterinary Technologists & Technicians**
 Web Developers**

**The career was assigned to the group based on its second highest interest.

***The career was assigned to the group based on its third highest interest.

INVESTIGATIVE Job Zones 4 - 5
--

INVESTIGATIVE — JOB ZONE 4 (Considerable Preparation Needed)**O*NET Career Title**

Aerospace Engineers
 Agricultural Engineers
 Bioengineers & Biomedical Engineers
 Bioinformatics Technicians
 Chemists
 Clinical Research Coordinators
 Cytogenetic Technologists
 Data Scientists
 Digital Forensics Analysts
 Environmental Scientists & Specialists, Including Health

O*NET Career Title

Food Scientists & Technologists
 Health Informatics Specialists
 Medical & Clinical Laboratory Technologists
 Occupational Health & Safety Specialists
 Penetration Testers
 Software Developers
 Software Quality Assurance Analysts & Testers
 Sustainability Specialists
 Validation Engineers
 Water Resource Specialists

INVESTIGATIVE — JOB ZONE 5 (Extensive Preparation Needed)**O*NET Career Title**

Animal Scientists
 Audiologists
 Climate Change Policy Analysts
 Economists
 Environmental Restoration Planners
 Financial Quantitative Analysts
 Genetic Counselors
 Human Factors Engineers & Ergonomists
 Industrial-Organizational Psychologists
 Industrial Ecologists

O*NET Career Title

Medical Scientists
 Natural Sciences Managers
 Nurse Practitioners
 Operations Research Analysts
 Optometrists
 Orthodontists
 Physicists
 Political Scientists
 Soil & Plant Scientists
 Statisticians

**The career was assigned to the group based on its second highest interest.

***The career was assigned to the group based on its third highest interest.

ARTISTIC | Job Zones 1 – 3

Work involves creating, performing, writing, designing, dancing, composing, or self-expression. People with Artistic interests often like work that includes art, media, music, theatre, or graphics.

ARTISTIC — JOB ZONE 1 (Little or No Preparation Needed)**O*NET Career Title**

Painting, Coating, & Decorating Workers**

ARTISTIC — JOB ZONE 2 (Some Preparation Needed)**O*NET Career Title**

Actors
Childcare Workers***
Costume Attendants
Disc Jockeys
Etchers & Engravers***
Floral Designers**
Furniture Finishers***
Models

O*NET Career Title

Nannies**
Paperhangers***
Photographic Process Workers & Processing Machine Operators**
Sewers, Hand***
Shoe & Leather Workers & Repairers**
Stone Cutters & Carvers, Manufacturing**
Tailors, Dressmakers, & Custom Sewers**
Upholsterers**

ARTISTIC — JOB ZONE 3 (Medium Preparation Needed)**O*NET Career Title**

Architectural & Civil Drafters***
Camera Operators, Television, Video, & Film
Craft Artists
Dancers
Desktop Publishers**
Fabric & Apparel Patternmakers**
Fashion Designers
Fine Artists, Including Painters, Sculptors, & Illustrators
Jewelers & Precious Stone & Metal Workers**
Makeup Artists, Theatrical & Performance

O*NET Career Title

Merchandise Displayers & Window Trimmers
Model Makers, Wood***
Musical Instrument Repairers & Tuners**
Patternmakers, Metal & Plastic***
Patternmakers, Wood***
Photographers**
Preschool Teachers**
Self-Enrichment Teachers**
Sound Engineering Technicians**

**The career was assigned to the group based on its second highest interest.

***The career was assigned to the group based on its third highest interest.

ARTISTIC Job Zones 4 - 5

ARTISTIC — JOB ZONE 4 (Considerable Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Art Directors	Music Therapists**
Broadcast Announcers & Radio Disc Jockeys	Musicians & Singers
Choreographers	News Analysts, Reporters, & Journalists
Commercial & Industrial Designers	Poets, Lyricists & Creative Writers
Editors	Producers & Directors
Film & Video Editors	Special Effects Artists & Animators
Graphic Designers	Talent Directors**
Interior Designers	Video Game Designers
Kindergarten Teachers**	Web & Digital Interface Designers**
Music Directors & Composers	Writers & Authors

ARTISTIC — JOB ZONE 5 (Extensive Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Architects**	Political Scientists**
Architecture Teachers, Postsecondary***	Set & Exhibit Designers
Art Therapists**	Sociologists***
Art, Drama, & Music Teachers, Postsecondary**	Special Education Teachers, Preschool**
English Language & Literature Teachers, Postsecondary***	

**The career was assigned to the group based on its second highest interest.

***The career was assigned to the group based on its third highest interest.

SOCIAL | Job Zones 1 – 3

*Work involves helping, teaching, educating, guiding, advising, or nurturing. People with **Social** interests often like work that includes people, service, social activities, health, or communication.*

SOCIAL — JOB ZONE 1 (Little or No Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Amusement & Recreation Attendants** Baristas***	Dining Room & Cafeteria Attendants & Bartender Helpers***

SOCIAL — JOB ZONE 2 (Some Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Animal Caretakers**	Nannies
Animal Trainers**	Passenger Attendants**
Childcare Workers	Personal Care Aides
Food Servers, Nonrestaurant**	Physical Therapist Aides
Funeral Attendants**	Psychiatric Aides
Home Health Aides	School Bus Monitors
Hosts & Hostesses, Restaurant, Lounge, & Coffee Shop	Shampooers**
Hotel, Motel, & Resort Desk Clerks**	Travel Guides
Lifeguards, Ski Patrol, & Other Recreational Protective Service Workers**	Ushers, Lobby Attendants, & Ticket Takers
Medical Secretaries & Administrative Assistants**	Waiters & Waitresses

SOCIAL — JOB ZONE 3 (Medium Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Acute Care Nurses	Occupational Therapy Assistants
Concierges	Paramedics
Dental Hygienists	Patient Representatives
Emergency Medical Technicians	Physical Therapist Assistants
Exercise Trainers & Group Fitness Instructors	Preschool Teachers
Hearing Aid Specialists	Psychiatric Technicians
Licensed Practical & Licensed Vocational Nurses	Residential Advisors
Massage Therapists	Respiratory Therapists
Nursing Assistants	Speech-Language Pathology Assistants
Occupational Therapy Aides	Tour Guides & Escorts

**The career was assigned to the group based on its second highest interest.

***The career was assigned to the group based on its third highest interest.

SOCIAL | Job Zones 4 - 5

SOCIAL — JOB ZONE 4 (*Considerable Preparation Needed*)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Career/Technical Education Teachers, Secondary School	Middle School Teachers
Child, Family, & School Social Workers	Music Therapists
Coaches & Scouts	Park Naturalists
Community Health Workers	Probation Officers & Correctional Treatment Specialists
Critical Care Nurses	Recreation Workers
Directors, Religious Activities & Education	Recreational Therapists
Education & Childcare Administrators, Preschool & Daycare	Registered Nurses
Elementary School Teachers	Social & Human Service Assistants
Fitness & Wellness Coordinators	Special Education Teachers, Secondary School
Health Education Specialists	Training & Development Specialists

SOCIAL— JOB ZONE 5 (*Extensive Preparation Needed*)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Acupuncturists	Health Specialties Teachers, Postsecondary
Agricultural Sciences Teachers, Postsecondary	Healthcare Social Workers
Athletic Trainers	Marriage & Family Therapists
Biological Science Teachers, Postsecondary	Midwives
Business Teachers, Postsecondary	Nurse Anesthetists
Clinical & Counseling Psychologists	Occupational Therapists
Clinical Nurse Specialists	Physical Therapists
Dietitians & Nutritionists	Physician Assistants
Educational, Guidance, & Career Counselors & Advisors	Speech-Language Pathologists
Engineering Teachers, Postsecondary	Substance Abuse & Behavioral Disorder Counselors

**The career was assigned to the group based on its second highest interest.

***The career was assigned to the group based on its third highest interest.

ENTERPRISING | Job Zones 1 – 3

*Work involves managing, supervising, negotiating, marketing, selling, leading, or directing. People with **Enterprising** interests often like work that includes employees, customers, products, business, law, or politics.*

ENTERPRISING — JOB ZONE 1 (Little or No Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Cooks, Fast Food***	Fast Food & Counter Workers***
Door-to-Door Sales Workers, News & Street Vendors, & Related Workers	

ENTERPRISING — JOB ZONE 2 (Some Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Aircraft Cargo Handling Supervisors	Food Service Managers
Demonstrators & Product Promoters	Gambling Managers
Farm Labor Contractors	Hosts & Hostesses, Restaurant, Lounge, & Coffee Shop**
First-Line Supervisors of Entertainment & Recreation Workers	Postmasters & Mail Superintendents
First-Line Supervisors of Food Preparation & Serving Workers	Recycling Coordinators
First-Line Supervisors of Gambling Services Workers	Retail Salespersons
First-Line Supervisors of Helpers, Laborers, & Material Movers, Hand	Sales Representatives of Services
First-Line Supervisors of Housekeeping & Janitorial Workers	Telemarketers
First-Line Supervisors of Retail Sales Workers	Travel Guides**
First-Line Supervisors of Security Workers	Umpires, Referees, & Other Sports Officials

ENTERPRISING — JOB ZONE 3 (Medium Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Administrative Services Managers	First-Line Supervisors of Police & Detectives
Chefs & Head Cooks	Funeral Home Managers
Compliance Officers**	Government Property Inspectors & Investigators**
Customs Brokers**	Private Detectives & Investigators**
Facilities Managers	Real Estate Sales Agents
First-Line Supervisors of Firefighting & Prevention Workers	Solar Sales Representatives & Assessors
First-Line Supervisors of Material-Moving Machine & Vehicle Operators	Spa Managers
First-Line Supervisors of Office & Administrative Support Workers	Tour Guides & Escorts**
First-Line Supervisors of Passenger Attendants	Travel Agents
First-Line Supervisors of Personal Service Workers	Wind Energy Operations Managers

**The career was assigned to the group based on its second highest interest.

***The career was assigned to the group based on its third highest interest.

ENTERPRISING Job Zones 4 - 5

ENTERPRISING — JOB ZONE 4 (Considerable Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Agents & Business Managers of Artists, Performers, & Athletes	Marketing Managers
Construction Managers	Media Programming Directors
Equal Opportunity Representatives & Officers	Meeting, Convention, & Event Planners
Financial Managers	Personal Financial Advisors
Fundraisers	Project Management Specialists
General & Operations Managers	Public Relations Specialists
Human Resources Managers	Search Marketing Strategists
Human Resources Specialists	Social & Community Service Managers
Information Technology Project Managers	Training & Development Managers
Insurance Sales Agents	Transportation, Storage, & Distribution Managers

ENTERPRISING — JOB ZONE 5 (Extensive Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Administrative Law Judges, Adjudicators, & Hearing Officers**	Educational, Guidance, & Career Counselors & Advisors**
Arbitrators, Mediators, & Conciliators	Environmental Economists**
Architectural & Engineering Managers	Industrial-Organizational Psychologists**
Chief Executives	Instructional Coordinators**
Chief Sustainability Officers	Investment Fund Managers
Clergy**	Judges, Magistrate Judges, & Magistrates
Climate Change Policy Analysts**	Judicial Law Clerks**
Curators**	Lawyers
Education Administrators, Kindergarten through Secondary**	Natural Sciences Managers**
Education Administrators, Postsecondary**	Urban & Regional Planners**

**The career was assigned to the group based on its second highest interest.

***The career was assigned to the group based on its third highest interest.

CONVENTIONAL | Job Zones 1 – 3

*Work involves organizing, recording, filing, sorting, inspecting, or attention to detail. People with **Conventional** interests often like work that includes information, data, regulations, office environments, procedures, files, or rules.*

CONVENTIONAL — JOB ZONE 1 (Little or No Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Agricultural Equipment Operators**	Fishing & Hunting Workers**
Amusement & Recreation Attendants	Food Preparation Workers**
Baristas**	Graders & Sorters, Agricultural Products**
Conveyor Operators & Tenders**	Landscaping & Groundskeeping Workers**
Cooks, Fast Food**	Laundry & Dry-Cleaning Workers**
Derrick Operators, Oil & Gas**	Maids & Housekeeping Cleaners**
Dining Room & Cafeteria Attendants & Bartender Helpers**	Meat, Poultry, & Fish Cutters & Trimmers**
Dishwashers**	Plasterers & Stucco Masons**
Fallers**	Septic Tank Servicers & Sewer Pipe Cleaners**
Fast Food & Counter Workers**	Sewing Machine Operators**

CONVENTIONAL — JOB ZONE 2 (Some Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Cargo & Freight Agents	Pharmacy Aides
Cashiers	Production, Planning, & Expediting Clerks
Customer Service Representatives	Public Safety Telecommunicators
Flight Attendants	Receptionists & Information Clerks
Freight Forwarders	Retail Loss Prevention Specialists
Gambling Dealers	Secretaries & Administrative Assistants
Hotel, Motel, & Resort Desk Clerks	Stockers & Order Fillers
Locker Room, Coatroom, & Dressing Room Attendants	Tellers
Medical Secretaries & Administrative Assistants	Title Examiners, Abstractors, & Searchers
Office Clerks, General	Transportation Security Screeners

CONVENTIONAL — JOB ZONE 3 (Medium Preparation Needed)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Airfield Operations Specialists	Medical Assistants
Bookkeeping, Accounting, & Auditing Clerks	Medical Records Specialists
Compliance Officers	Opticians, Dispensing
Computer Numerically Controlled Tool Programmers	Paralegals & Legal Assistants
Computer User Support Specialists	Pharmacy Technicians
Customs Brokers	Police Identification & Records Officers
Dental Assistants	Private Detectives & Investigators
Energy Auditors	Tax Preparers
Government Property Inspectors & Investigators	Telecommunications Engineering Specialists
Health Information Technologists & Medical Registrars	Web Developers

**The career was assigned to the group based on its second highest interest.

***The career was assigned to the group based on its third highest interest.

CONVENTIONAL | Job Zones 4 - 5

CONVENTIONAL — JOB ZONE 4 (*Considerable Preparation Needed*)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Accountants & Auditors	Industrial Engineers
Appraisers & Assessors of Real Estate	Information Security Analysts
Blockchain Engineers	Logisticians
Business Intelligence Analysts	Management Analysts
Clinical Data Managers	Online Merchants
Compensation, Benefits, & Job Analysis Specialists	Regulatory Affairs Specialists
Computer & Information Systems Managers	Security Management Specialists
Database Administrators	Surveyors
Environmental Compliance Inspectors	Technical Writers
Geographic Information Systems Technologists & Technicians	Web Administrators

CONVENTIONAL — JOB ZONE 5 (*Extensive Preparation Needed*)

<u>O*NET Career Title</u>	<u>O*NET Career Title</u>
Administrative Law Judges, Adjudicators, & Hearing Officers	Investment Fund Managers**
Anesthesiologist Assistants**	Judicial Law Clerks
Arbitrators, Mediators, & Conciliators**	Lawyers**
Archivists	Librarians & Media Collections Specialists
Biostatisticians**	Mathematicians**
Computer & Information Research Scientists**	Operations Research Analysts**
Curators	Radiologists**
Economists**	Statisticians**
Financial Quantitative Analysts**	Survey Researchers**
Geneticists**	Teaching Assistants, Postsecondary**



**Sponsored by the U.S. Department of Labor, Employment & Training Administration & developed by the
National Center for O*NET Development**

**The career was assigned to the group based on its second highest interest.

***The career was assigned to the group based on its third highest interest.

RESOURCES

This section includes information from the <https://www.onetcenter.org/tools.html> O*NET Career Exploration Tools by the U.S. Department of Labor, Employment and Training Administration (USDOL/ETA). Used under the <https://creativecommons.org/licenses/by-nd/4.0/> CC BY-ND 4.0 license. O*NET® is a trademark of USDOL/ETA.

There are lots of fun tests you can take online to help you figure out what kind of job you might like! Many of these tests are free and don't take very long.

- O*NET Interest Profiler

<https://www.onetcenter.org/IP.html>

This test is made by the United States Department of Labor. It asks you about things you like and dislike, and then tells you what kind of jobs might be interesting to you. It uses words like "investigative," "social," "enterprising," "artistic," "conventional," and "realistic" to describe different types of jobs. You answer 60 questions about how much you like or dislike different work activities.

- 123 Career Test

<https://www.123test.com/career-test/>

This test is super easy to use! It shows you pictures of people doing different jobs and you just say "yes" or "no" if you like what you see. Then, the test tells you what kind of jobs might be a good fit for you. It also tells you what kind of work environment you might like best.

- Keirsey Temperament Sorter

<https://www.keirsey.com/>

This test helps you figure out what kind of personality you have and how you might act at work. It puts you into one of four groups: guardian, artisan, rational, or idealist. It tells you about your personality and gives you a description of your group. You can pay for a more detailed report if you want.

RESOURCES CONTINUED

- The Princeton Review Career Quiz

<https://www.princetonreview.com/quiz/career-quiz>

This test asks you 24 questions about what kind of work you like. You get to choose between two options for each question. At the end, you get a color based on your answers. Then, the test gives you a list of jobs that might be good for people with your color.

- TestColor

<https://testcolor.com/>

This test is kind of like a color game! You pick different colors and then the test tells you about your personality and what kind of jobs you might be good at. You can pay for a more detailed report if you want.

- Humanmetrics

<https://www.humanmetrics.com/personality>

This test uses two different ways to figure out your personality. It then gives you suggestions for jobs, how to improve yourself, and other things related to work.

- MAPP Career Test

<https://www.assessment.com/>

This test helps you figure out what kind of jobs you might be good at and what motivates you to work. It takes about 22 minutes to complete.